



September 2023

Dear Parent or Caregiver,

We understand that your child has had someone important in their life die and may be experiencing feelings of grief. Grief can be a lonely and isolating experience for anyone, especially children, and group support may help to reduce feelings by showing children and teens that they are not alone. As such, we are inviting your child, and others who have experienced the death of someone important to them, to participate in a grief support group offered by Peter's Place: A Center for Grieving Children and Families.

Peter's Place works to provide a safe and supportive environment for grieving children, teens, and families by emphasizing that grief is a natural reaction to the death. Just as grief is a natural occurrence, we believe that everyone has the natural capacity to heal themselves. Participating in a group allows students to learn from peers as they explore their own emotions and expressions of grief.

School-based grief support groups take place three times during the school year: in the Fall, Winter, and Spring. Groups meet once per week for eight weeks during the school day and are led by a Peter's Place facilitator, as well as a member of a school's student support team—typically a counselor, social worker, or mental health professional/intern. During group, students share in discussion and participate in creative hands-on activities that will help them to express their grief. Topics addressed often include, exploring & expressing feelings, sharing memories, identifying support, and learning coping skills.

Peter's Place offers this program to schools at no cost. Additionally, Peter's Place welcomes families to inquire further about its no-cost, on-site support groups for children and adults, which take place at our location in Radnor, PA.

If you would like your child/teen to participate in the Peter's Place group at your school, please sign the included Permission Form and return it to school with your child/teen. Please, do not hesitate to contact me with any questions or concerns.

Sincerely,

Joseph Kelly MA, LPC
Director of Programs
Peter's Place

[Counselor Name]

[Title]

[Contact Info]